

September Class Schedule



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:00AM 7:00AM	Boot Camp	Boot Camp		Boot Camp		
8:30AM 9:30AM	Circuit Training with Abs	Piyo	Circuit Training with Abs	Piyo	Circuit Training with Abs	
12:30PM 1:30PM					Kickboxing	
4:00PM 5:00PM	Circuit Training with Abs		Circuit Training with Abs	Circuit Training with Abs		
5:30PM 6:30PM	Zumba Boot Camp - Outdoor	Circuit Training Boot Camp - Outdoor	Zumba	Zumba Boot Camp - Outdoor		
6:30PM 7:30PM				Circuit Training with Abs		

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[Visit us on the web at www.decorefitness.com](http://www.decorefitness.com)